

Code of Conduct for Children & Young People

When taking part in Martial Arts Training, or competing in competitions, I will:

- Always try my best for the benefit of myself, and my club.
- Train and compete fairly, and be friendly to others.
- Respect the Officials and compete and train by the rules.
- Respect my opponent and their coaches, and always thank them after a fight.
- Listen carefully to what my coaches tell me.
- Encourage my team mates.
- Talk to someone I trust, or club Welfare Officer – Gary Locke, if I am unhappy about anything at my club.
- Respect my training facilities and the facilities at competitions.

I understand that if I do not follow the Code of Conduct, i may:

- Be asked to apologise to whoever I have upset.
- Receive a formal warning.
- Be dropped or suspended from training.